

10-MILE AGE-GROUP RESULTS

CAPITAL CITY RIVER RUN

SUNDAY, SEPTEMBER 25, 2005

***** MALE OVERALL WINNER *****

Place	Oal	Name	Town	Ag	Time	Pace
1	1	Eric Stuber	Lansing	42	57:19	5:44

***** FEMALE OVERALL WINNER *****

Place	Oal	Name	Town	Ag	Time	Pace
1	38	Sarah Kaechele	Middleville	28	1:10:39	7:04

***** MALE MASTERS WINNER 40+ *****

Place	Oal	Name	Town	Ag	Time	Pace
1	2	Jd Pepper	Leslie	42	58:42	5:53

***** FEMALE MASTERS WINNER 40+ *****

Place	Oal	Name	Town	Ag	Time	Pace
1	40	Connie Benedict	Okemos	44	1:11:10	7:07

***** MALE GRAND MASTERS WINNER 50+ *****

Place	Oal	Name	Town	Ag	Time	Pace
1	15	Donald Mcmillan	Lansing	51	1:04:45	6:29

***** FEMALE GRAND MASTERS WINNER 50+ *****

Place	Oal	Name	Town	Ag	Time	Pace
1	67	Kari Chandler	Okemos	52	1:14:14	7:26

MALE AGE GROUP: 1 - 13

Place	Oal	Name	Town	Ag	Time	Pace
1	316	Jacob Treadway	Dewitt	12	1:30:44	9:05

FEMALE AGE GROUP: 1 - 13

Place	Oal	Name	Town	Ag	Time	Pace
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MALE AGE GROUP: 14 - 19

Place	Oal	Name	Town	Ag	Time	Pace
1	288	Michael Peavyhouse	Davison	14	1:28:45	8:53
2	328	Robert Peavyhouse	Davison	16	1:31:40	9:10
3	437	Philip Nimmo	Fenton	14	1:41:07	10:07

FEMALE AGE GROUP: 14 - 19

Place	Oal	Name	Town	Ag	Time	Pace
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1	179	Julie L. Beall	East Lansing	18	1:22:50	8:17
2	223	Betsy Adkins	Clarklake	18	1:25:16	8:32
3	463	Monica Parker	Lansing	19	1:43:51	10:24

MALE AGE GROUP: 20 - 24

Place	Oal	Name	Town	Ag	Time	Pace
1	21	Justin Adams	Okemos	21	1:05:35	6:34
2	27	Thomas Yax	East Lansing	22	1:06:22	6:39
3	29	Richard Mrozek	East Lansing	23	1:07:46	6:47
4	31	Mark Luehring	Lakemilles	22	1:08:33	6:52
5	36	Nicholas Johnson	East Lansing	23	1:10:17	7:02
6	45	Jacob Gunn	Edwardsburg	20	1:11:57	7:12
7	46	Jon Steinhoff	Grand Blanc	20	1:11:58	7:12
8	58	Marty Duane	East Lansing	24	1:13:03	7:19
9	73	Ryan Geers	Battle Creek	24	1:14:30	7:27
10	103	Bobby Jahn	Lambertville	24	1:17:42	7:47
11	121	Kevy Leblanc	East Lansing	23	1:18:52	7:54
12	132	Josh Cochran	East Lansing	22	1:19:35	7:58
13	134	Jeremy Doody	Laingsburg	22	1:19:41	7:59
14	140	Michael Weigand	Lansing	23	1:19:58	8:00
15	160	Brian Charlton	Sterling Hts	23	1:20:59	8:06
16	340	Michael Gonzalez	Ann Arbor	23	1:32:21	9:15
17	374	Aaron Hrcka	Owosso	22	1:35:39	9:34
18	433	Andrew Coon	Wyoming	24	1:40:41	10:05
19	471	Jesse Sherman	Lansing	24	1:44:49	10:29
20	518	Bob Vigne	Ypsilanti	24	1:55:22	11:33
21	553	Brad Pulver	Mason	22	2:28:26	14:51

FEMALE AGE GROUP: 20 - 24

Place	Oal	Name	Town	Ag	Time	Pace
1	56	Emily Glancy	East Tawas	23	1:12:50	7:17
2	77	Rosemarie Vanderjagt	Grand Rapids	21	1:15:04	7:31
3	147	Carissa Schneider	Lansing	24	1:20:30	8:03
4	182	Stephanie Gustafson	East Lansing	20	1:22:54	8:18
5	190	Jan Mladonicky	East Lansing	23	1:23:06	8:19
6	192	Bethany Kittle	East Lansing	21	1:23:21	8:21
7	197	Karen Gustafson	East Lansing	22	1:23:30	8:21
8	206	Amy Frazier	Okemos	23	1:23:55	8:24
9	207	Ana Williams	Clarkston	22	1:24:02	8:25
10	236	Krystal Thelen	Pewamo	22	1:26:07	8:37
11	245	Nicole Moore	Haslett	21	1:26:32	8:40
12	246	Kristen Fields	Haslett	21	1:26:33	8:40
13	254	Stephanie Oehike	Muskegon	23	1:27:11	8:44
14	257	Rachel Bricklin	East Lansing	23	1:27:19	8:44
15	304	Julia Hitchingham	Berkley	23	1:29:20	8:56
16	345	Emily Grantner	Battle Creek	22	1:33:09	9:19
17	347	Lia Ventura	Arlington	22	1:33:14	9:20
18	356	Ali Gaylord	East Lansing	23	1:33:45	9:23
19	368	Katie Farkas	East Lansing	22	1:35:15	9:32
20	392	Katie Lindsey	Williamston	24	1:36:37	9:40
21	401	Katie Hogg	Harrietta	21	1:37:25	9:45
22	417	Kimmy Marsh	Lansing	21	1:38:50	9:53
23	422	Britta Peffer	East Lansing	24	1:39:21	9:57
24	432	Amanda Bongard	Grand Rapids	24	1:40:41	10:05

25	440	Rachel Keathley	Okemos	21	1:41:24	10:09
26	443	Jamie Slater	East Lansing	21	1:41:39	10:10
27	447	Elizabeth Dalsey	East Lansing	24	1:42:00	10:12
28	464	Maureen Parker	Lansing	21	1:43:51	10:24
29	480	Emily White	Grosse Pointe	23	1:46:37	10:40
30	488	Amanda Hanson	E Lansing	20	1:47:17	10:44
31	495	Rosann Lerczak	Jackson	24	1:48:07	10:49
32	501	Elizabeth A. Elmer	Lansing	23	1:48:52	10:54
33	505	Allison Meldrum	Holt	23	1:50:35	11:04
34	521	Melissa Robbins		22	1:55:49	11:35
35	541	Mia Bauer	Grand Ledge	20	2:07:41	12:47
36	554	Meghan Pulver	Mason	20	2:28:26	14:51

MALE AGE GROUP: 25 - 29

Place	Oal	Name	Town	Ag	Time	Pace
=====	===	=====	=====	==	=====	=====
1	3	Todd Kauffman	Lansing	29	1:00:51	6:06
2	9	Christopher Gregory	Portage	25	1:03:11	6:20
3	10	Tony Thomas	Lansing	27	1:03:52	6:24
4	12	Mark Dziak	Lakewood	26	1:04:10	6:25
5	32	Tim Luebbert	Kalamazoo	28	1:09:09	6:55
6	50	Troy Robertson	Mason	29	1:12:22	7:15
7	51	Levi Pulver	Mason	26	1:12:28	7:15
8	60	Brodey Hill	East Grand Rapids	29	1:13:25	7:21
9	71	Caleb Westfall	East Lansing	26	1:14:27	7:27
10	96	Seth Walk	Lansing	28	1:16:45	7:41
11	97	Justin Kunkle	Lansing	27	1:16:45	7:41
12	99	Jacob Ryan Fazekos	Lansing	26	1:16:58	7:42
13	128	Kaz Kinjo	East Lansing	26	1:19:16	7:56
14	146	Jeremy Hauff	Okemos	26	1:20:27	8:03
15	151	Chad Parenteau	Lansing	26	1:20:39	8:04
16	188	Geoffrey Severin	Okemos	26	1:23:04	8:19
17	218	Kurt Garcia	Royal Oak	28	1:24:52	8:30
18	242	Christopher Smith	East Lansing	26	1:26:28	8:39
19	284	James Bryant	Novi	29	1:28:37	8:52
20	286	David Mckay	Lake Orion	25	1:28:39	8:52
21	324	Andrew Davis	Brighton	28	1:31:28	9:09
22	336	Jason Mertens	Lansing	26	1:32:04	9:13
23	344	Alex Brown	Lansing	27	1:32:56	9:18
24	453	John Doonan	Detroit	28	1:42:31	10:16
25	455	Joe Pinon	Ypsilanti	26	1:42:33	10:16
26	482	Brian Pappas	Detroit	27	1:46:44	10:41
27	506	James Feeny	Holt	28	1:50:43	11:05

FEMALE AGE GROUP: 25 - 29

Place	Oal	Name	Town	Ag	Time	Pace
=====	===	=====	=====	==	=====	=====
1	85	Erica Harrell	Potterville	27	1:15:42	7:35
2	105	Julie Rutherford	Holt	27	1:18:03	7:49
3	152	Elizabeth Shafer	Lansing	28	1:20:40	8:04
4	158	Mandy Heck	Grand Ledge	25	1:20:52	8:06
5	165	Angela Miller	Okemos	25	1:21:35	8:10
6	170	Andrea Steinhoff	Grand Blanc	25	1:22:03	8:13
7	172	Sara Bolt	Okemos	28	1:22:11	8:14
8	201	Jennifer Drauer	Holt	28	1:23:48	8:23
9	212	Lisa Scott	Grosse Pointe	27	1:24:19	8:26
10	214	Kristin Phillips	Fowler	29	1:24:25	8:27

11	224	Jill Hoort	Lansing	28	1:25:25	8:33
12	250	Jennifer Reid	Howell	29	1:26:53	8:42
13	271	Annie Whitehouse	Dewitt	27	1:27:55	8:48
14	272	Sarah Clevenger	Haslett	25	1:27:55	8:48
15	285	Amanda Burt	Rochester Hills	26	1:28:39	8:52
16	293	Brooke Johnson	Lansing	26	1:28:53	8:54
17	301	Patti Franckowiak	Ann Arbor	28	1:29:14	8:56
18	308	Andrea Caroselli	Stevensville	25	1:29:43	8:59
19	318	April Hunt	East Lansing	27	1:30:51	9:06
20	330	Sunshine Manee	Owosso	25	1:31:43	9:11
21	334	Holly Baumgartner	Lansing	28	1:31:55	9:12
22	361	Amelia Vanvoorthuysen	Grand Rapids	27	1:34:23	9:27
23	371	Carrie Hammerman	Ann Arbor	28	1:35:25	9:33
24	379	Tiffany Dukette	Lansing	25	1:35:58	9:36
25	421	Katherine Nolen	Lansing	29	1:39:15	9:56
26	425	Sarah Welch	East Lansing	25	1:39:37	9:58
27	426	Heidi Mei	Lansing	26	1:39:38	9:58
28	458	Anna Soderman	East Lansing	28	1:43:11	10:20
29	466	Annie Eggleston	Charlotte	25	1:44:00	10:24
30	469	Penny Goerge	Fowler	29	1:44:40	10:28
31	492	Terri Stong	Holt	28	1:47:49	10:47
32	511	Blakely Tsurusaki	Lansing	27	1:51:54	11:12
33	525	Melissa Broughman	Lansing	28	1:56:56	11:42
34	528	Regan Robinson	Lansing	28	1:58:45	11:53
35	535	Brandie Selbig	Owosso	25	2:02:40	12:16
36	536	Michelle Heider	Ypsilanti	29	2:02:42	12:17

MALE AGE GROUP: 30 - 34

Place	Oal	Name	Town	Ag	Time	Pace
=====	====	=====	=====	==	=====	=====
1	6	Brian Donohue		34	1:01:24	6:09
2	8	Jesse Sweeney	Howell	31	1:02:42	6:17
3	13	Chris Machniak	Howell	30	1:04:12	6:26
4	14	Andrew Dalton	Holt	34	1:04:38	6:28
5	16	Craig Ddecki	Redford	31	1:04:52	6:30
6	19	Kevin Sayers	East Lansing	31	1:05:20	6:32
7	20	Mark Knapp	Midland	31	1:05:31	6:34
8	26	Ron Tucker	Highland	34	1:06:17	6:38
9	30	Jason Vanderstelt	Charlotte	31	1:07:49	6:47
10	35	Aaron Weber	Coloma	30	1:10:12	7:02
11	54	Pat Mitchell	Haslett	34	1:12:36	7:16
12	59	Scott Ketchum	Holt	33	1:13:23	7:21
13	100	Tom Crompton	Brighton	31	1:17:19	7:44
14	110	Fred Werner	Grand Ledge	33	1:18:15	7:50
15	114	Trevor Forell	Charlotte	31	1:18:37	7:52
16	130	Bret Summers	Haslett	34	1:19:32	7:58
17	137	Brian Hunt	Saginaw	32	1:19:51	8:00
18	155	Patrick Halladay	Lansing	33	1:20:47	8:05
19	156	Thomas Widak	Plymouth	32	1:20:49	8:05
20	169	Patrick Flahie	Holt	30	1:21:59	8:12
21	191	Lance Roberts	Lansing	30	1:23:20	8:20
22	211	Joe Baldwin	Shelby Twp	34	1:24:18	8:26
23	235	Rick Brooks	Holt	31	1:26:07	8:37
24	237	Chad Lake	Grand Ledge	33	1:26:07	8:37
25	249	Andrew Lamb	Howell	32	1:26:52	8:42
26	302	Bradley Martin	Perry	33	1:29:16	8:56
27	357	Joe Houston	Lansing	30	1:33:52	9:24

28	359	Tim Rybiski	Portland	30	1:34:03	9:25
29	380	James Farnum	Lansing	34	1:36:09	9:37
30	427	Andrew Newman	East Lansing	33	1:39:39	9:58
31	449	Joseph Waite	Lansing	33	1:42:03	10:13
32	459	Tom Wiswell	Hastings	33	1:43:19	10:20

FEMALE AGE GROUP: 30 - 34

Place	Oal	Name	Town	Ag	Time	Pace
=====	===	=====	=====	==	=====	=====
1	68	Sandra Schmidt	Lansing	33	1:14:14	7:26
2	102	Barbara Figurski	Ann Arbor	34	1:17:39	7:46
3	106	Cora Zink	Lansing	30	1:18:09	7:49
4	143	Sheila Masters	Okemos	34	1:20:22	8:03
5	162	Angie Joslin	Okemos	34	1:21:03	8:07
6	178	Karenn Vernagus	Lansing	33	1:22:49	8:17
7	221	Lisa Taylor	Laingsburg	30	1:24:57	8:30
8	229	Kelly Hocquard	Grand Ledge	34	1:25:54	8:36
9	233	Kim Albin	Dewitt	32	1:26:06	8:37
10	239	Amy Stewart	Dimondale	31	1:26:20	8:38
11	243	Rebecca Linton		31	1:26:29	8:39
12	255	Tiffany Summers	Haslett	30	1:27:16	8:44
13	283	Nicole Gasper	Lansing	31	1:28:33	8:52
14	287	Melany Bennett	Lansing	34	1:28:45	8:53
15	290	Michelle L. Prunz	Lansing	30	1:28:48	8:53
16	292	Alisa Pennington	Charlotte	31	1:28:52	8:54
17	312	Lesa Kaechele	Middleville	30	1:29:54	9:00
18	325	Leza Rebera	Highland	34	1:31:29	9:09
19	327	Polly Grismore	Fort Wayne	33	1:31:32	9:10
20	337	Marnie Curtiss	Grand Blanc	34	1:32:06	9:13
21	339	Shonagh Chimbira	Ann Arbor	31	1:32:10	9:13
22	341	Shelley Davis Mielock	East Lansing	32	1:32:28	9:15
23	372	Christina Morris	Flint	32	1:35:31	9:34
24	377	Tracy Collins	Mount Pleasant	32	1:35:51	9:36
25	404	Barbie Sigers	Grand Rapids	34	1:37:30	9:45
26	405	Tammy Smith	Mason	32	1:37:44	9:47
27	415	Julie Pfeiffer	Durand	34	1:38:48	9:53
28	420	Angela Sanders	Lansing	30	1:39:06	9:55
29	431	Theresa Angers	St. Johns	30	1:40:34	10:04
30	434	Brooke Stuber	Lansing	32	1:40:49	10:05
31	441	Khawlah Munshi	East Lansing	31	1:41:27	10:09
32	472	Tina Gates-Gill	Holt	33	1:44:51	10:30
33	473	Nicole Werner	Grand Ledge	31	1:44:58	10:30
34	481	Elizabeth Lee	Ionia	30	1:46:38	10:40
35	485	Juliet Halladay	Lansing	32	1:46:49	10:41
36	489	Adela Uchida	Lansing	33	1:47:23	10:45
37	497	Kelly Larson	East Lansing	32	1:48:19	10:50
38	502	Kathryn Summers-Coty	East Lansing	34	1:48:57	10:54
39	509	Rachel Wawro	Lansing	31	1:51:11	11:08
40	524	Ann M. Dack	Mason	32	1:56:44	11:41
41	527	Julie Gleason	Golden	33	1:57:56	11:48
42	534	Cindy Agnew	Lansing	30	2:02:33	12:16
43	539	Kari Oberdank	Lansing	31	2:06:15	12:38
44	552	Amy Miller	Brooklyn	33	2:22:01	14:13

MALE AGE GROUP: 35 - 39

Place	Oal	Name	Town	Ag	Time	Pace
=====	===	=====	=====	==	=====	=====

1	4	Dave Groombridge	Fort Worth	38	1:01:08	6:07
2	34	Hank Risley	Rockford	37	1:09:46	6:59
3	75	Aric Prudden	Potterville	35	1:14:55	7:30
4	92	Mark Piper	Fenton	36	1:16:28	7:39
5	93	Rick Lantz	Grand Ledge	35	1:16:32	7:40
6	123	Kevin Glaza	Haslett	36	1:18:52	7:54
7	127	Tom Dyer	Eaton Rapids	35	1:19:14	7:56
8	133	Jason Hillard	Bath	35	1:19:38	7:58
9	159	Richard Czarnecki	Okemos	37	1:20:53	8:06
10	167	Jeff Feldpausch	Fowler	36	1:21:52	8:12
11	171	Rudy Gonzales	Okemos	35	1:22:11	8:14
12	176	Matt Steigenga	East Lansing	35	1:22:36	8:16
13	180	Andrew Busch	East Lansing	38	1:22:50	8:17
14	184	James Elford Iii	Auburn Hills	35	1:22:59	8:18
15	195	Steven Holden	Lansing	39	1:23:27	8:21
16	209	Randy Theis	Fowler	36	1:24:10	8:25
17	260	David Finch	Brant	38	1:27:25	8:45
18	263	Chris Holzer	Williamston	36	1:27:30	8:45
19	266	Jason Merrill	Okemos	37	1:27:37	8:46
20	297	Scott Beltz	South Lyon	36	1:28:57	8:54
21	355	Ben Parker	Lansing	35	1:33:38	9:22
22	375	Balaji Srinivasan	Okemos	39	1:35:45	9:35
23	394	Brian Hutchins	Mason	35	1:36:49	9:41
24	397	Punya Mishra	Okemos	38	1:37:07	9:43
25	412	Steven Schuster	Farmington	38	1:38:33	9:52
26	423	Dj Hrcka	Owosso	37	1:39:24	9:57
27	483	Jim Beck	Okemos	39	1:46:44	10:41
28	484	Bruce Bonnell	Mt. Pleasant	37	1:46:45	10:41
29	494	Arnold Courtier	Lansing	38	1:47:57	10:48
30	513	Sean King	Lansing	35	1:54:00	11:24
31	516	John Carlson	Holt	36	1:54:42	11:29
32	519	Thomas Meehan	Lansing	36	1:55:42	11:35

FEMALE AGE GROUP: 35 - 39

Place	Oal	Name	Town	Ag	Time	Pace
=====	===	=====	=====	==	=====	=====
1	41	Jill Evers-Bowers	Kent City	38	1:11:14	7:08
2	101	Barbara Mackey	Ann Arbor	38	1:17:32	7:46
3	113	Maria L. Slocum	Okemos	39	1:18:35	7:52
4	115	Kate Ponsetto	Flint	37	1:18:37	7:52
5	118	Karla Smith	S Rockwood	38	1:18:47	7:53
6	129	Holly Metevier	Dewitt	35	1:19:30	7:57
7	138	Traci Ruiz	Bath	35	1:19:54	8:00
8	149	Tammy Chick	Williamston	39	1:20:34	8:04
9	154	Jo Darlington	Ann Arbor	39	1:20:43	8:05
10	164	Jennifer Murdoch	Lansing	36	1:21:16	8:08
11	186	Line Cournoyer	Lansing	35	1:23:02	8:19
12	227	Lisa Bignall	Haslett	38	1:25:42	8:35
13	228	Candice Cooper	Fenton	37	1:25:48	8:35
14	277	Jennifer Brown	East Lansing	36	1:28:00	8:48
15	296	Lou Hamblin	Belleville	39	1:28:57	8:54
16	303	Kathy Vonk	Belleville	39	1:29:19	8:56
17	309	Vicki Dahlke	Holt	36	1:29:44	8:59
18	320	Cheryl Pulver	Fort Wayne	35	1:30:58	9:06
19	329	Amy Mossholder	Mason	39	1:31:42	9:11
20	349	Paula Webb	Lansing	36	1:33:19	9:20
21	350	Diana Rosenstein	Williamston	39	1:33:24	9:21

22	352	Sloan Knight	Grand Ledge	38	1:33:32	9:22
23	353	Kristine Bayley	Grand Ledge	39	1:33:32	9:22
24	370	Lisa Soros	St. Johns	37	1:35:23	9:33
25	396	Natalie Clinkscales	Charlotte	37	1:37:04	9:43
26	411	Machelle Duprey	Flushing	39	1:38:33	9:52
27	424	Alyona Switzer	Lansing	37	1:39:29	9:57
28	444	Leslie Taylor-Oring	Jackson	39	1:41:41	10:11
29	454	Therese Poland	Okemos	38	1:42:31	10:16
30	456	Dawn King	Southfield	39	1:43:01	10:19
31	460	Stacy Owen	Lansing	35	1:43:19	10:20
32	468	Valarie Aguila	Lansing	39	1:44:23	10:27
33	476	Elizabeth Mullins	Grand Ledge	36	1:46:09	10:37
34	499	Sherry Belcher	Springport	37	1:48:39	10:52
35	508	Kimberly Snook	Haslett	35	1:50:58	11:06
36	510	Christy Mcfall	Ann Arbor	36	1:51:22	11:09
37	512	Kelly Reynolds	East Lansing	36	1:52:21	11:15
38	549	Tracy Conley	Fenton	35	2:11:42	13:11

MALE AGE GROUP: 40 - 44

Place	Oal	Name	Town	Ag	Time	Pace
=====	====	=====	=====	==	=====	=====
1	5	Matt Wilson	Mason	43	1:01:19	6:08
2	7	David R. Pruder	East Lansing	40	1:02:26	6:15
3	17	Brad Armstrong	Northville	42	1:04:55	6:30
4	18	Marty Alward	Lansing	40	1:05:09	6:31
5	24	Patrick Carroll	Novi	43	1:05:43	6:35
6	25	Robert A Cook	Lansing	44	1:06:15	6:38
7	37	Steve Vannocker	East Lansing	40	1:10:35	7:04
8	39	Steven Hicks	Laingsburg	42	1:11:00	7:06
9	53	Kennen White	Mount Pleasant	43	1:12:35	7:16
10	74	Saul Scott	Brighton	42	1:14:33	7:28
11	83	Kevin Nelson	E. Lansing	40	1:15:33	7:34
12	84	Kenneth Debois	Mount Morris	40	1:15:37	7:34
13	87	Eric Hanson	E. Lansing	42	1:15:44	7:35
14	104	Karl Suni	Lansing	44	1:17:48	7:47
15	111	Peter Mccullough	Northville	42	1:18:23	7:51
16	117	Steve Broda	Northville	43	1:18:45	7:53
17	120	Paul Zieske	Fenton	44	1:18:48	7:53
18	131	Steven Schneider	Saint Johns	42	1:19:34	7:58
19	136	Philip Nimmo	Fenton	42	1:19:44	7:59
20	141	Albert Ross	East Lansing	43	1:20:10	8:01
21	148	Christian Bechtel	Haslett	40	1:20:32	8:04
22	173	Mark Hilpert	Williamston	44	1:22:24	8:15
23	175	Mark Brooks	Dansville	42	1:22:34	8:16
24	200	Gordon Davis	Springport	41	1:23:46	8:23
25	216	Bill Hoag	Williamston	41	1:24:36	8:28
26	222	James Patino	Lansing	42	1:24:59	8:30
27	251	George Prout	Flint	41	1:27:00	8:42
28	259	Sean Munn	Mason	42	1:27:24	8:45
29	261	Douglas Noch	Romeo	41	1:27:26	8:45
30	281	Timothy Griffin	Haslett	43	1:28:26	8:51
31	306	Andrew Eriksen	East Lansing	40	1:29:39	8:58
32	310	Scott Mccuaig	East Lansing	41	1:29:48	8:59
33	314	Rodney Lounds	Grand Blanc	44	1:30:04	9:01
34	338	Anthony Ellis	Flushing	41	1:32:07	9:13
35	348	Craig Bailo	South Lyon	44	1:33:15	9:20
36	351	Keith Willard	Williamston	42	1:33:30	9:21

37	367	Ken Mazur	St Clair Shores	42	1:35:03	9:31
38	389	Curt Carl	East Lansing	43	1:36:33	9:40
39	446	James Morgan	Okemos	41	1:42:00	10:12
40	491	Larry Langer	Canton	40	1:47:45	10:47
41	496	Doug Kelly	Owosso	44	1:48:14	10:50
42	514	Jeff Moore	Lansing	41	1:54:06	11:25
43	520	Ken Robbins	Muskegon	44	1:55:49	11:35

FEMALE AGE GROUP: 40 - 44

Place	Oal	Name	Town	Ag	Time	Pace
====	===	=====	=====	==	=====	=====
1	47	Linda Ewing	Grosse Pointe	44	1:12:00	7:12
2	57	Christine Vincent	Jackson	41	1:12:56	7:18
3	81	Lisa Hesse	Ann Arbor	43	1:15:30	7:33
4	82	Heidi Klein-Line	Marshall	44	1:15:32	7:34
5	88	Kittie Lynch	Lansing	42	1:15:49	7:35
6	95	Connie Cannon	East Lansing	44	1:16:44	7:41
7	145	Laura Shears	Okemos	43	1:20:25	8:03
8	177	Sherry Hilpert	Williamston	43	1:22:48	8:17
9	198	Debra Rojewski	Fowlerville	40	1:23:34	8:22
10	231	Dianne Signs	Greenville	44	1:26:00	8:36
11	240	Evie Powers	Grand Rapids	41	1:26:22	8:39
12	256	Debby Mossholder	Bloomfield Hills	41	1:27:17	8:44
13	258	Amy Willing	Lansing	41	1:27:20	8:44
14	262	Tracy Beadlescomb	Alma	40	1:27:28	8:45
15	264	Christina Baker	Rochester Hills	41	1:27:31	8:46
16	274	Shirlee Finch	Alma	41	1:27:57	8:48
17	291	Cathy Vanhooose	Greenville	42	1:28:49	8:53
18	300	Juli Liebler	E. Lansing	40	1:29:07	8:55
19	307	Teresa Mcdougall	Grand Rapids	40	1:29:43	8:59
20	317	Susan Treadway	Dewitt	40	1:30:44	9:05
21	332	Linda Pulver	Mason	44	1:31:54	9:12
22	343	Sandra Noon	Dewitt	41	1:32:48	9:17
23	354	Renee Obert	Brighton	40	1:33:33	9:22
24	362	Rosean Marsh	East Lansing	43	1:34:27	9:27
25	381	Christine Levecq	East Lansing	44	1:36:14	9:38
26	383	Mary Duff	Grandville	40	1:36:28	9:39
27	384	Kathleen Mccauley	Wyoming	40	1:36:28	9:39
28	387	Melody Guarnaccia	East Lansing	42	1:36:31	9:40
29	390	Pamela Rose	White Lake	40	1:36:34	9:40
30	393	Shari Ellis	Flushing	40	1:36:44	9:41
31	400	Susan Pretznow	Cadillac	42	1:37:25	9:45
32	403	Lori Shank	Dewitt	42	1:37:29	9:45
33	408	Christine M. Nichols	East Lansing	43	1:38:23	9:51
34	416	Marit Janse	Fenton	44	1:38:49	9:53
35	442	Julia Gordon	Eaton Rapids	41	1:41:27	10:09
36	461	Maha Mccullough	Northville	42	1:43:22	10:21
37	477	Patricia Burnett	Holt	43	1:46:14	10:38
38	490	Jennifer K. Wieland	Mason	41	1:47:27	10:45
39	493	Ann Whitmer	Mason	40	1:47:49	10:47
40	517	Julie Maxon	Mount Pleasant	40	1:55:01	11:31
41	523	Cheryl Brooks	Dansville	42	1:56:22	11:39
42	530	Lynn Hanson	E. Lansing	40	2:00:48	12:05
43	532	Beth Johns	Haslett	44	2:02:16	12:14
44	551	Jeannine Pryor	Lansing	43	2:15:24	13:33

MALE AGE GROUP: 45 - 49

Place	Oal	Name	Town	Ag	Time	Pace
=====	====	=====	=====	==	=====	=====
1	11	Michael Frank	Grosse Pointe Woo	48	1:04:03	6:25
2	28	Paul Bapst	Hanover	49	1:06:54	6:42
3	44	Jon Killips	Dimondale	46	1:11:42	7:11
4	48	John Johnson	Laingsburg	46	1:12:04	7:13
5	52	Joe Pulver	Mason	46	1:12:29	7:15
6	63	Steve Flanders	Okemos	45	1:13:39	7:22
7	65	Robert A. Strouse	Williamston	47	1:13:46	7:23
8	70	Roger Samuel	Fenton	47	1:14:21	7:27
9	72	Gary Andrews	Eagle	45	1:14:29	7:27
10	79	Woody Tyler	East Lansing	47	1:15:12	7:32
11	86	Jose Brown	Laingsburg	49	1:15:44	7:35
12	119	Ken Pastor	Allen Park	47	1:18:47	7:53
13	125	Peter Walter	Holt	49	1:19:11	7:56
14	144	Phil French	Howell	48	1:20:25	8:03
15	183	Ed Thelen	St. Johns	46	1:22:58	8:18
16	185	Randall Wilson	Lansing	48	1:22:59	8:18
17	187	Danh Dinh	Lansing	46	1:23:03	8:19
18	196	Stu Allen	Davison	45	1:23:29	8:21
19	199	David Medley	Okemos	49	1:23:44	8:23
20	208	Joseph Lerczak	Jackson	48	1:24:10	8:25
21	210	Dan Mulhern	Lansing	47	1:24:17	8:26
22	238	Stephen Line	Marshall	48	1:26:19	8:38
23	248	Doug Pierce	Leslie	48	1:26:41	8:41
24	268	Glenn Morrison	Okemos	47	1:27:45	8:47
25	321	Andrew Griffin	Flint	47	1:31:04	9:07
26	346	Mike Devivo	Grand Rapids	48	1:33:09	9:19
27	365	Bob Metzger	East Lansing	45	1:34:53	9:30
28	373	Richard Mccarter	Whitmore Lake	47	1:35:32	9:34
29	398	Christopher Craft	Lowell	47	1:37:16	9:44
30	406	Kevin Swift	Flint	48	1:37:59	9:48
31	451	Lawrence Guy	Swartz Creek	49	1:42:17	10:14
32	465	Charles Lawcock	Grand Blanc	47	1:43:59	10:24
33	538	Patrick Reed	Grand Ledge	46	2:05:58	12:36

FEMALE AGE GROUP: 45 - 49

Place	Oal	Name	Town	Ag	Time	Pace
=====	====	=====	=====	==	=====	=====
1	61	Deb Deren	White Lake	46	1:13:33	7:22
2	90	Kelly S. Boyle	Okemos	47	1:16:14	7:38
3	98	Jeanette Robinson	Dewitt	45	1:16:49	7:41
4	107	Susanne Kleff	East Lanisng	45	1:18:11	7:50
5	112	Terry Carella	Lansing	45	1:18:27	7:51
6	124	Kim Bane	Dewitt	49	1:19:00	7:54
7	150	Jane Sanders	White Lake	49	1:20:35	8:04
8	153	Susan Blemaster	Portland	45	1:20:42	8:05
9	181	Denise Stebbins	Belmont	48	1:22:50	8:17
10	213	Caroline Cook	Greenville	45	1:24:22	8:27
11	226	Peggy Searight	Flint	48	1:25:41	8:35
12	247	Lisa Hayhoe	East Lansing	47	1:26:36	8:40
13	270	Tracey Flannery	Perry	45	1:27:49	8:47
14	273	Toni Walker	Grand Ledge	46	1:27:56	8:48
15	276	Sheri Clark	Lapeer	45	1:28:00	8:48
16	315	Peggy Rademacher	Lansing	47	1:30:36	9:04
17	319	Paula Horne	Flushing	46	1:30:53	9:06
18	333	Susan M. Strouse	Williamston	45	1:31:54	9:12

19	335	Earlene Hillman	Davisburg	48	1:31:57	9:12
20	358	Teresa Martin	Freeland	46	1:34:01	9:25
21	369	Joanne Gray	Waterford	48	1:35:15	9:32
22	382	Ellen Foote	Haslett	47	1:36:20	9:38
23	386	Jeanne Wiltse	Dexter	46	1:36:30	9:39
24	402	Marykay Thelen	Pewamo	45	1:37:26	9:45
25	414	Kathy Darr	Laingsburg	48	1:38:48	9:53
26	428	Mary Broughman	Lansing	48	1:39:54	10:00
27	435	Patricia Sawdon	Haslett	45	1:40:50	10:05
28	438	Jane Hattan	Portland	46	1:41:13	10:08
29	439	Linda Doll	Plymouth	45	1:41:19	10:08
30	448	Maureen Tyler	East Lansing	45	1:42:02	10:13
31	522	Catherine Lamothe	Haslett	45	1:55:55	11:36
32	526	Tamara Redburn	East Lansing	46	1:56:59	11:42
33	531	Patricia Kuptz	Williamston	47	2:00:58	12:06
34	542	Bethann Perkins-Simmons	Grand Ledge	46	2:07:44	12:47
35	545	Joy Berwald	Holt	45	2:09:06	12:55
36	547	Jacki Miller	Lansing	45	2:09:48	12:59

MALE AGE GROUP: 50 - 54

Place	Oal	Name	Town	Ag	Time	Pace
=====	===	=====	=====	==	=====	=====
1	22	Dan Washburn	Tekonsha	52	1:05:40	6:34
2	33	James Scholl	Williamston	52	1:09:13	6:56
3	42	James Deren	White Lake	51	1:11:29	7:09
4	43	John Kostrzewa	Traverse City	53	1:11:41	7:11
5	64	Gerard Wilbrink	Williamston	52	1:13:42	7:23
6	66	Bill Fahey	Haslett	52	1:14:03	7:25
7	78	Al Atkinson	East Lansing	50	1:15:06	7:31
8	80	Richard Hayhoe	East Lansing	53	1:15:22	7:33
9	109	Phil Hegge	Okemos	51	1:18:13	7:50
10	116	Chris Alef	Sterling Hts	51	1:18:44	7:53
11	126	Steven Keeler	Springport	54	1:19:13	7:56
12	135	Mike Keck	Howell	51	1:19:42	7:59
13	139	John Sawyer	Eaton Rapids	52	1:19:57	8:00
14	161	John Reed	Parma	54	1:21:00	8:06
15	163	Steven Smith	Mount Pleasant	52	1:21:08	8:07
16	193	Lance Dicaire	Flint	51	1:23:23	8:21
17	194	Robin Pearce	New Hudson	52	1:23:26	8:21
18	205	Stephen Watt	Laingsburg	50	1:23:54	8:24
19	225	Steve Balasia	Lansing	54	1:25:37	8:34
20	232	Joseph Hammond	Fowlerville	53	1:26:02	8:37
21	241	Peter Cobbett	Okemos	52	1:26:22	8:39
22	253	Michael G. Kautman	Charlotte	51	1:27:06	8:43
23	278	James Ulrey	Holt	54	1:28:01	8:49
24	280	Jerry Smith	Holt	52	1:28:12	8:50
25	282	Dale Wheeler	Holly	53	1:28:28	8:51
26	331	Steven Morris		54	1:31:49	9:11
27	342	Ken Jackson	Flint	51	1:32:44	9:17
28	363	Joseph Hammond	Fowlerville	53	1:34:35	9:28
29	364	Alex Cooper	Huntington Woods	50	1:34:44	9:29
30	366	David Such	East Lansing	52	1:34:54	9:30
31	385	Dwight Lafleur	Grand Rapids	52	1:36:29	9:39
32	388	Paul Bortell, Iii	Plymouth	50	1:36:32	9:40
33	399	Kim Avery	Swartz Creek	51	1:37:19	9:44
34	407	Michael Dach	Grand Blanc	54	1:38:13	9:50
35	410	John Wilson	Okemos	52	1:38:33	9:52

36	413	Micheal Wullaert	Troy	50	1:38:34	9:52
37	419	Michael Lingo	East Lansing	51	1:38:58	9:54
38	429	Richard Simoni	Warren	54	1:40:02	10:01
39	445	Jim Matthews	Jackson	50	1:41:41	10:11
40	457	Jeffrey Walker	Grand Ledge	51	1:43:06	10:19
41	475	Richard Lassin-Simpkin	Lansing	54	1:45:22	10:33
42	487	Hank Burgess	Farmington Hills	50	1:47:13	10:44
43	498	David Stierley	Grand Ledge	53	1:48:30	10:51
44	503	Mark Simons	Dewitt	54	1:49:38	10:58
45	507	Steve Williams	Clarkston	51	1:50:51	11:06
46	540	Dan Sanders	White Lake	50	2:06:27	12:39
47	546	David L. Rehm	Lansing	54	2:09:09	12:55

FEMALE AGE GROUP: 50 - 54

Place	Oal	Name	Town	Ag	Time	Pace
=====	===	=====	=====	==	=====	=====
1	166	Karen Jo White	Jackson	53	1:21:41	8:11
2	189	Anne Boomershine	Lansing	53	1:23:05	8:19
3	215	Deborah Wittbrodt	Grand Blanc	52	1:24:26	8:27
4	217	Laura Jannetta	Berkley	54	1:24:51	8:30
5	252	Patricia Ball	Ann Arbor	50	1:27:00	8:42
6	267	Kris Cadwell	Okemos	54	1:27:38	8:46
7	269	Susi Rook	Holt	53	1:27:47	8:47
8	279	Cindy Troshak	Lansing	53	1:28:03	8:49
9	311	Shawn Witherspoon	Lansing	52	1:29:49	8:59
10	391	Joann Bonnewell	Brighton	50	1:36:34	9:40
11	486	Leona Keeler	Springport	52	1:46:55	10:42
12	543	Mary Williams	Clarkston	50	2:08:06	12:49
13	544	Frances Campione	Holt	50	2:09:06	12:55

MALE AGE GROUP: 55 - 59

Place	Oal	Name	Town	Ag	Time	Pace
=====	===	=====	=====	==	=====	=====
1	55	Ed Clayton	East Lansing	58	1:12:47	7:17
2	62	Jeff Morey	Lansing	58	1:13:39	7:22
3	69	Jim Carter	Okemos	57	1:14:20	7:26
4	91	Harry Plouff	Mount Pleasant	57	1:16:16	7:38
5	94	Bill Hart	Birch Run	57	1:16:42	7:41
6	122	Samuel Underwood	East Lansing	57	1:18:52	7:54
7	168	Michael Curtis	Swartz Creek	56	1:21:58	8:12
8	174	Mel Micke	Okemos	55	1:22:25	8:15
9	202	Danny Guthrie	Williamston	59	1:23:51	8:24
10	203	Fred Moore	Lake Odessa	56	1:23:51	8:24
11	219	Fred Fry	Charlotte	58	1:24:55	8:30
12	230	Timothy Donovan	Haslett	55	1:25:57	8:36
13	244	John Walton	Williamston	58	1:26:31	8:40
14	295	Jim Anton	Comstock Park	56	1:28:57	8:54
15	298	Stephen Kreft	Grand Ledge	55	1:29:00	8:54
16	313	Howard Warden	Waterford	59	1:30:01	9:01
17	322	John Gustafson	East Lansing	55	1:31:09	9:07
18	323	Fred Guest	Birch Run	59	1:31:14	9:08
19	326	Tom Ryan	Frankenmuth	57	1:31:31	9:10
20	360	Michael Bowen	Flushing	57	1:34:15	9:26
21	376	Frank Jobe	Fenton	56	1:35:50	9:35
22	395	Bill Hunault	Okemos	57	1:36:51	9:42
23	409	Ron Clevenger	Lansing	59	1:38:32	9:52
24	430	Don McMahon	Okemos	58	1:40:10	10:01

25	452	Dennis Pace	Dimondale	55	1:42:18	10:14
26	462	David Blough	Dexter	59	1:43:26	10:21
27	470	Pat Doody	Laninsburg	55	1:44:49	10:29
28	479	Nevada Logan	Grand Blanc	58	1:46:24	10:39

FEMALE AGE GROUP: 55 - 59

Place	Oal	Name	Town	Ag	Time	Pace
1	108	Maggy Zidar	Pontiac	55	1:18:12	7:50
2	275	Merle Heideman	East Lansing	57	1:27:59	8:48
3	299	Sue Stefanski	Brighton	56	1:29:01	8:55
4	378	Laurie Ruiz	Lansing	55	1:35:54	9:36
5	418	Shirley Torrance	Saline	59	1:38:54	9:54
6	467	Patricia Richardson	Clark Lake	58	1:44:03	10:25
7	500	Ann Crumby	Flint	56	1:48:44	10:53

MALE AGE GROUP: 60 - 64

Place	Oal	Name	Town	Ag	Time	Pace
1	23	James Carlton	White Lake	62	1:05:42	6:35
2	89	Allan Richens	Haslett	61	1:16:03	7:37
3	204	Bill Keller	Lansing	64	1:23:52	8:24
4	220	Dan Talhelm	East Lansing	64	1:24:57	8:30
5	234	Larry Arbanas	Dewitt	63	1:26:06	8:37
6	265	Jerome Mittman	Northville	60	1:27:36	8:46
7	294	Henry Vaupel	Fowlerville	61	1:28:54	8:54
8	305	Clair Risher	Stockbridge	60	1:29:33	8:58
9	436	Ron Heames	Ann Arbor	61	1:41:05	10:07
10	515	Cyril Steinhauser	La Salle	64	1:54:21	11:27
11	533	Addie Dicaire	Flint	62	2:02:20	12:14

FEMALE AGE GROUP: 60 - 64

Place	Oal	Name	Town	Ag	Time	Pace
1	76	Sharon Dolan	Westphalia	63	1:14:59	7:30
2	474	Marilyn Brown	Davison	62	1:45:19	10:32
3	478	Mary Steinhauser	La Salle	60	1:46:15	10:38
4	529	Marilynn Briggs	Lansing	62	1:58:55	11:54
5	537	Nancy Teel	Flint	62	2:03:15	12:20
6	550	Ginger Petty	East Lansing	62	2:14:17	13:26

MALE AGE GROUP: 65 - 69

Place	Oal	Name	Town	Ag	Time	Pace
1	49	Harry Tellman	Holland	67	1:12:20	7:14
2	142	Jim Matherley	Burton	69	1:20:17	8:02
3	157	Stan Curtiss	Mount Pleasant	69	1:20:51	8:06
4	289	Paul Shepard	Eastport	68	1:28:46	8:53

FEMALE AGE GROUP: 65 - 69

Place	Oal	Name	Town	Ag	Time	Pace
1	504	Rita Schafer	Eagle	65	1:49:47	10:59

MALE AGE GROUP: 70 - 74

Place	Oal	Name	Town	Ag	Time	Pace
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Place	Oal Name	Town	Ag Time	Pace
1	450 Doug Harger	Dimondale	71 1:42:05	10:13
FEMALE AGE GROUP: 70 - 74				
1	548 Dick Young	Lansing	77 2:10:42	13:05
FEMALE AGE GROUP: 75 - 98				
MALE-NO-AGE-LISTED AGE GROUP: 99 - 99				
FEMALE-NO-AGE-LISTED AGE GROUP: 99 - 99				

5K Age Group Results CAPITAL CITY RIVER RUN SUNDAY, SEPTEMBER 25, 2005

***** MALE OVERALL WINNER *****

Place	Oal Name	Town	Ag Time	Pace
1	1 Patrick Wehrman	Pinckney	24 16:10	5:12

***** FEMALE OVERALL WINNER *****

Place	Oal Name	Town	Ag Time	Pace
1	18 Laurie Decker	Cadillac	45 19:59	6:26

***** MALE MASTERS WINNER 40+ *****

Place	Oal Name	Town	Ag Time	Pace
1	5 Tim Lambrecht	Alma	43 17:49	5:44

***** FEMALE MASTERS WINNER 40+ *****

Place	Oal Name	Town	Ag Time	Pace
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1 71 Jingling Wang Holt 43 24:38 7:56

***** MALE GRAND MASTERS WINNER 50+ *****

Place	Oal	Name	Town	Ag	Time	Pace
1	14	John Coleman	Lansing	54	19:32	6:18

***** FEMALE GRAND MASTERS WINNER 50+ *****

Place	Oal	Name	Town	Ag	Time	Pace
1	91	Karen Buys	Coldwater	54	26:20	8:29

MALE AGE GROUP: 1 - 13

Place	Oal	Name	Town	Ag	Time	Pace
1	35	Alex Eason	Okemos	10	22:12	7:09
2	74	Eric Lynch	Lansing	12	25:03	8:04
3	76	David Elliott	Rochester	13	25:28	8:12
4	78	Grant Flanders	Okemos	10	25:35	8:14
5	85	Grant Feldpausch	St. Johns	10	25:57	8:21
6	92	Matthew Mackey	Ann Arbor	10	26:21	8:29
7	95	Philip Peavyhouse	Davison	12	26:28	8:31
8	98	Nolan Feldpausch	St. Johns	9	26:43	8:36
9	116	Dave Booth	Jackson	7	27:23	8:49
10	127	Zach Dimmer	Williamston	13	27:57	9:00
11	128	Soham Mishra	Okemos	9	27:58	9:00
12	136	Caspian Peavyhouse	Davison	9	28:46	9:16
13	140	Michael Eason	Okemos	10	28:55	9:19
14	148	Kyle Sawyer	Eaton Rapids	9	29:29	9:30
15	171	Lou Plascencia	Okemos	9	30:37	9:51
16	227	Adam Blackwell	Perrinton	9	34:56	11:15
17	255	Jacob Mossholder	Mason	10	39:36	12:45

FEMALE AGE GROUP: 1 - 13

Place	Oal	Name	Town	Ag	Time	Pace
1	31	Brianne Feldpausch	St. Johns	13	22:02	7:06
2	158	Kacie Todd	Oakland	11	29:56	9:38
3	183	Haleigh Vanderstelt	Charlotte	10	31:16	10:04
4	212	Hannah Vanderstelt	Charlotte	7	33:39	10:50
5	241	Cara Rojewski	Fowlerville	11	37:48	12:10
6	242	Olivia Binke	East Lansing	8	37:49	12:11
7	243	Aleigh Frankovich	East Lansing	8	37:49	12:11
8	244	Shelby Stuart	Morrice	13	37:57	12:13
9	248	Kristyn Lynch	Lansing	10	38:20	12:21
10	282	Emily Vanderstelt	Charlotte	9	49:19	15:53
11	289	Haley Todd	Oakland	11	56:49	18:18

MALE AGE GROUP: 14 - 19

Place	Oal	Name	Town	Ag	Time	Pace
1	8	Joshua Risner	Pittsford	18	18:26	5:56
2	9	Thomas Lynch	Lansing	16	18:30	5:58
3	11	Artyom Shives	Dewitt	15	18:55	6:06
4	15	Jaun Flores	Lansing	15	19:38	6:19
5	17	Jonathan Glancy	East Tawas	19	19:55	6:25
6	22	Jeff Vanderboon	East Lansing	19	20:40	6:40

7	25	Jason Robeson	Grand Ledge	14	21:14	6:50
8	26	Tom Thornburg	Owosso	15	21:35	6:57
9	39	Jarrod Lynch	Lansing	14	22:20	7:12
10	62	Nathan Pastuzyn	Midland	14	24:16	7:49
11	109	Adam Pastuzyn	Midland	17	27:01	8:42
12	181	Fred Thornburg	Owosso	14	31:08	10:02
13	196	Mateo Palacios	Lansing	15	31:57	10:17

FEMALE AGE GROUP: 14 - 19

Place	Oal	Name	Town	Ag	Time	Pace
1	29	Allison Badder	Ionia	19	21:58	7:05
2	33	Sammi Kaufman	Lake Orien	14	22:04	7:07
3	51	Jenn Iott	Mason	16	23:18	7:30
4	52	Mallory Flanders	Okemos	14	23:19	7:31
5	64	Autumn Thelen		18	24:20	7:50
6	112	Elissa Pastuzyn	Midland	18	27:06	8:44
7	258	Elizabeth Flory	Mason	15	40:28	13:02

MALE AGE GROUP: 20 - 24

Place	Oal	Name	Town	Ag	Time	Pace
1	2	Matthew McMaster	Ann Arbor	23	16:23	5:17
2	4	Benjamin Pankow	Williamston	21	17:08	5:31
3	10	Justin Noble	Brooklyn	20	18:37	6:00
4	28	Scott Smith	West Lafayette	24	21:52	7:03
5	37	Andy Jesse	Dansville	23	22:16	7:10
6	47	Ben Vanhooose	Greenville	23	22:54	7:23
7	63	Jon Coleman	Okemos	20	24:17	7:49
8	69	Chris Jacobson	Okemos	24	24:33	7:54
9	138	Joe Spenski	Grand Ledge	21	28:51	9:18
10	161	Jonathan Boyd	Grand Rapids	24	30:03	9:41
11	238	Michael Reed	Detroit	23	37:41	12:08

FEMALE AGE GROUP: 20 - 24

Place	Oal	Name	Town	Ag	Time	Pace
1	23	Marissa Montgomery	East Lansing	20	21:08	6:48
2	41	Stephanie Grosvenor	Portland	24	22:34	7:16
3	96	Tori Strebe	East Lansing	23	26:29	8:32
4	101	Maike Oertel	East Lansing	24	26:45	8:37
5	164	Dana Richard	Mt. Pleasant	22	30:13	9:44
6	168	Kara Blemaster	Portland	20	30:27	9:49
7	191	Anne Masarik	Lansing	24	31:34	10:10
8	213	Annelie Schulz	East Lansing	21	33:48	10:53
9	226	Julia Blemaster	Portland	21	34:43	11:11
10	239	Katie O'neill	E Lansing	23	37:41	12:08
11	291	Melanie Mester	Canton	24	1:22:59	26:43

MALE AGE GROUP: 25 - 29

Place	Oal	Name	Town	Ag	Time	Pace
1	13	Jared Kramer		25	19:12	6:11
2	16	Russell Marschall	Livonia	26	19:43	6:21
3	20	Mark Aupperlee	Lansing	26	20:19	6:33
4	21	Jason Hamblen	Lansing	29	20:34	6:38
5	27	Ben Gilpin		28	21:43	7:00

6	36	Richard Hansen	Fowlerville	26	22:12	7:09
7	46	David Farhat	Lansing	26	22:53	7:22
8	49	Brandon Perry	Burton	25	23:10	7:28
9	97	Stephen Aldrich	Lansing	25	26:36	8:34
10	115	Brad Hunt	Jackson	26	27:13	8:46
11	126	Mark Klem	Morrice	27	27:52	8:59
12	159	Paul Robinson	Lansing	29	30:00	9:40
13	199	Ron Hansen	Fowlerville	29	32:20	10:25
14	210	Justin Coleman	Leslie	26	33:06	10:40
15	225	Bryant Lucyk	Leslie	27	34:33	11:08
16	247	Damon Williams	Lansing	27	38:17	12:20

FEMALE AGE GROUP: 25 - 29

Place	Oal	Name	Town	Ag	Time	Pace
=====	===	=====	=====	==	=====	=====
1	30	Ruth Waddell	East Lansing	28	22:00	7:05
2	53	Claudia Braumann	East Lansing	28	23:20	7:31
3	57	Heather Marschall	Livonia	25	23:24	7:32
4	88	Rebecca Mccurdy	Grosse Pointe	29	26:08	8:25
5	89	Chrissi Pung	Eagle	26	26:09	8:25
6	94	Linda Coleman	Leslie	26	26:27	8:31
7	118	Sara Schroeder	Dewitt	28	27:28	8:51
8	129	Katie Halfmann	Fowler	26	28:00	9:01
9	142	Sara Blumer-Schuette	East Lansing	26	28:58	9:20
10	146	Keri Mertens	Lansing	27	29:22	9:27
11	155	Aimee L. Williams	Miami	26	29:55	9:38
12	157	Melissa Culver	Lansing	25	29:56	9:38
13	177	Sara Miller	Okemos	25	31:02	10:00
14	186	Rosalie Shemanski	Lansing	25	31:24	10:07
15	206	Tiffany Menard	Lansing	28	32:40	10:31
16	208	Veronica R. Klem	Morrice	26	33:00	10:38
17	222	Jennie L. Boeckmann	Haslett	28	34:16	11:02
18	223	Erica Ketchum	Holt	26	34:17	11:02
19	224	Rachel Hunt	Jackson	25	34:30	11:07
20	236	Kate Williams	Lansing	26	37:13	11:59
21	272	Jennifer Kauffman	Lansing	29	45:48	14:45
22	274	Beth Apple	Leslie	29	45:53	14:46

MALE AGE GROUP: 30 - 34

Place	Oal	Name	Town	Ag	Time	Pace
=====	===	=====	=====	==	=====	=====
1	3	Mark Good	Jackson	32	16:41	5:23
2	24	William Jaeger	Coldwater	30	21:10	6:49
3	34	Spencer Breidinger	Howell	33	22:10	7:08
4	43	Brian Hoort	Lansing	31	22:44	7:20
5	67	Jim Godfrey	Miami	34	24:30	7:53
6	72	William Henderson	Northville	33	24:45	7:58
7	79	Tim Hansen	Fowlerville	34	25:35	8:14
8	135	Lawrence R. Horn	East Lansing	30	28:33	9:12
9	201	Jeff Shoup	Haslett	31	32:21	10:25
10	217	James Stewart	Dimondale	33	34:07	10:59

FEMALE AGE GROUP: 30 - 34

Place	Oal	Name	Town	Ag	Time	Pace
=====	===	=====	=====	==	=====	=====
1	42	Kara Lamke	Holt	31	22:42	7:19
2	73	Katherine Breidinger	Howell	32	24:52	8:01

3	77	Pam Hansen	Fowlerville	31	25:35	8:14
4	83	Sara Deyo	Howell	30	25:49	8:19
5	99	Lisa Holzer	Williamston	34	26:45	8:37
6	149	Evelyn Minnis	Webberville	33	29:31	9:30
7	154	Pennie Howard	Lansing	31	29:52	9:37
8	163	Jennifer Rottier	Lansing	33	30:10	9:43
9	179	Nicole Eiler-Carrigan	Fowlerville	33	31:07	10:01
10	188	Kelli Newberry	Hastings	32	31:24	10:07
11	197	Iv Henderson	Farmington Hills	34	32:03	10:19
12	203	Doris Martin	Perry	31	32:24	10:26
13	205	Melissa Mcdonald	Dewitt	30	32:36	10:30
14	209	Jennifer Ely	Perry	33	33:01	10:38
15	271	Meredith Baker	Holt	34	45:36	14:41
16	279	Stacy Hovde	East Lansing	31	47:43	15:22

MALE AGE GROUP: 35 - 39

Place	Oal	Name	Town	Ag	Time	Pace
=====	====	=====	=====	==	=====	=====
1	6	Mark Lathrop	Eaton Rapids	35	18:05	5:50
2	38	Steve Mceldowney	Charlotte	38	22:18	7:11
3	48	Andrew Eason	Okemos	39	23:05	7:26
4	50	Steve S Vsiak	Charlotte	36	23:14	7:29
5	56	Tony Fitzpatrick	Grand Ledge	38	23:24	7:32
6	66	Robert Gillespie	Comstock Park	36	24:26	7:52
7	75	Barry Andre	Garden City	35	25:03	8:04
8	81	Jon Freburg	Holt	35	25:48	8:18
9	108	John Lamke	Holt	35	27:01	8:42
10	113	Juan Balboa	Grand Ledge	39	27:07	8:44
11	178	Tony Travis	Okemos	39	31:03	10:00
12	231	Rich Harper	Fowlerville	37	36:05	11:37
13	252	Gary Ross	Ovid	35	38:55	12:32
14	280	Daniel Hovde	East Lansing	38	47:45	15:22

FEMALE AGE GROUP: 35 - 39

Place	Oal	Name	Town	Ag	Time	Pace
=====	====	=====	=====	==	=====	=====
1	45	Amy Cameron	Lansing	35	22:47	7:20
2	54	Beverly Schmitz	Pewamo	37	23:20	7:31
3	65	Katie Pintar	Ann Arbor	36	24:20	7:50
4	84	Amy Stygles	Dewitt	37	25:52	8:20
5	93	Marsha Austin	Saginaw	38	26:24	8:30
6	103	Shari Ebidon	Dimondale	38	26:52	8:39
7	119	Kathi Shipley	Holt	36	27:29	8:51
8	124	Karen Eible	Lansing	38	27:52	8:58
9	151	Christine Bourdeaux	Marshall	38	29:35	9:32
10	169	Kim Finkbeiner	Kalamazoo	39	30:29	9:49
11	194	Kendra Southwick	Webberville	38	31:50	10:15
12	229	Smita Sawai	Okemos	39	35:28	11:25
13	233	Sue Harper	Fowlerville	37	36:20	11:42
14	283	Penny Sierakowski	Sunfield	39	51:53	16:42
15	284	Tamara Baker	Lansing	38	54:44	17:37

MALE AGE GROUP: 40 - 44

Place	Oal	Name	Town	Ag	Time	Pace
=====	====	=====	=====	==	=====	=====
1	12	Mark Vanhooose	Greenville	42	18:57	6:06
2	32	Dan Castilla	Lansing	40	22:04	7:07

3	44	James Nichols	Charlotte	43	22:46	7:20
4	68	Tim Sochor	Kalamazoo	40	24:31	7:54
5	70	Charles Mcewen	West Bloomfield	43	24:34	7:55
6	86	Glen Feldpausch	St. Johns	41	25:57	8:21
7	122	Bill Steinmann	Kalamazoo	41	27:48	8:57
8	133	Rob Blackwell	Perrinton	44	28:21	9:08
9	134	Tom Dimmer	Williamston	42	28:22	9:08
10	144	Fred Thornburg	Owosso	43	29:09	9:23
11	160	Todd A. Scoggins	Grand Ledge	42	30:02	9:40
12	184	Bruce Robeson	Grand Ledge	42	31:16	10:04
13	216	Jeff Todd	Oakland	44	34:04	10:58
14	245	Joe Stuart	Morrice	42	37:58	12:14

FEMALE AGE GROUP: 40 - 44

Place	Oal	Name	Town	Ag	Time	Pace
=====	===	=====	=====	==	=====	=====
1	90	Sally Beebe	Mason	41	26:19	8:29
2	102	Jill Feldpausch	St. Johns	41	26:47	8:38
3	121	Kristine Stuart	Morrice	43	27:36	8:54
4	147	Julie Stephens	Lake Orion	44	29:24	9:28
5	192	Deb Sides	Lansing	40	31:41	10:12
6	193	Holly Dimmer	Williamston	41	31:49	10:15
7	195	Beth Smith	Eaton Rapids	41	31:56	10:17
8	198	Janet Thornburg	Owosso	43	32:14	10:23
9	230	Sarah L. Spangler	Perry	43	35:36	11:28
10	251	Kimberly Ross	Ovid	40	38:55	12:32
11	257	Candace Wilson	Mason	44	40:26	13:01
12	263	Rose Noble	Brooklyn	44	41:05	13:14
13	288	Kim Todd Jr	Oakland	42	56:48	18:17
14	290	Laura Rakowski-Cole	Mason	43	58:38	18:53

MALE AGE GROUP: 45 - 49

Place	Oal	Name	Town	Ag	Time	Pace
=====	===	=====	=====	==	=====	=====
1	7	Matthew Burke	Milford	48	18:22	5:55
2	19	Bryan Noble	Brooklyn	48	20:01	6:27
3	80	Everett W. Heath	Owosso	48	25:47	8:18
4	105	Daniel Ebidon	Dimondale	49	26:52	8:39
5	106	Gary Schafer	Potterville	49	26:59	8:41
6	137	John M. Palacios	Springport	48	28:46	9:16
7	150	Joe Pastuzyn	Midland	49	29:33	9:31
8	185	Larry Elliott	Rochester	49	31:18	10:05
9	214	Kyle Carmany	Lansing	45	33:49	10:53
10	234	John Lefevre	Haslett	47	36:35	11:47
11	276	Richard Cobb	Williamston	49	46:43	15:02

FEMALE AGE GROUP: 45 - 49

Place	Oal	Name	Town	Ag	Time	Pace
=====	===	=====	=====	==	=====	=====
1	117	Noreen Harty	Haslett	49	27:26	8:50
2	162	Nancy Killips	Dimondale	47	30:03	9:41
3	165	Holly Sasso	Okemos	46	30:14	9:44
4	172	Kim Manning	East Lansing	48	30:37	9:51
5	187	Jane Vandenack	Hastings	45	31:24	10:07
6	202	Grace Daines	Midland	49	32:22	10:25
7	207	Maryann Baxter	St Johns	48	32:45	10:33
8	220	Patricia Ryan	Port Huron	49	34:14	11:01

9	221	Mimi Ward	Port Huron	48	34:14	11:02
10	235	Nancy J. Heath	Owosso	48	36:56	11:54
11	246	Jo Vanderstelt	Charlotte	49	38:06	12:16
12	259	Mary L. Estfan	Lansing	47	40:36	13:05
13	266	Kim Korroch	Lansing	46	42:51	13:48
14	270	Jane Hallitt	Haslett	46	45:24	14:37
15	273	Lynn A. Skippen	Lansing	46	45:49	14:45
16	286	Jeanne Boyd	Okemos	49	54:48	17:39
17	287	Sarah Elliott	Rochester	48	56:47	18:17

MALE AGE GROUP: 50 - 54

Place	Oal	Name	Town	Ag	Time	Pace
====	===	=====	=====	==	=====	=====
1	40	Randy Fielder	Brooklyn	54	22:34	7:16
2	55	Kevin Decker	Cadillac	51	23:21	7:31
3	61	Gary Butterfield	Bath	51	23:58	7:43
4	110	Michael Carella	Lansing	52	27:01	8:42
5	111	Mike Glancy	East Tawas	53	27:05	8:43
6	120	Dan Richardson	Grand Blanc	54	27:30	8:51
7	132	Neal Zuzga	Williamston	52	28:17	9:07
8	139	Kevin Harty	Haslett	54	28:55	9:19
9	143	Edward Troshak	Lansing	54	29:04	9:22
10	167	Roberto Araoz	Lansing	53	30:16	9:45
11	175	Robert Jacobson	Holt	51	30:57	9:58
12	219	Geof Ryan	Port Huron	52	34:14	11:01
13	228	Jim Oldfield	Caledonia	53	35:23	11:24
14	232	Kevin Ragan	East Lansing	51	36:11	11:39
15	240	Tom Stanton	Lansing	53	37:43	12:09
16	250	Philip Pitkin	Hartland	53	38:29	12:24

FEMALE AGE GROUP: 50 - 54

Place	Oal	Name	Town	Ag	Time	Pace
====	===	=====	=====	==	=====	=====
1	100	Bronwyn Cobb	Williamston	50	26:45	8:37
2	141	Joann Watt	Laingsburg	51	28:57	9:20
3	153	Joyce Lafleur	Grand Rapids	51	29:48	9:36
4	166	Kathy Kettles	Lansing	53	30:14	9:44
5	174	Denise Farhat	Lansing	54	30:40	9:52
6	176	Kathryn Severin	Okemos	51	31:01	9:59
7	182	Sandy Beall	East Lansing	51	31:11	10:02
8	249	Becky McMahan	Okemos	53	38:26	12:23
9	260	Julie A. Blake	Lansing	50	40:37	13:05
10	264	Janette Hart	Birch Run	52	41:32	13:22
11	267	Mary Brown	Mason	54	42:52	13:48
12	269	Sandy Orlando	Mason	54	44:57	14:29
13	275	Sandy Shannon	Williamston	53	46:40	15:02
14	281	Jill Richardson	Grand Blanc	54	48:05	15:29

MALE AGE GROUP: 55 - 59

Place	Oal	Name	Town	Ag	Time	Pace
====	===	=====	=====	==	=====	=====
1	82	Ted Gray	Waterford	55	25:48	8:19
2	104	Gary Gasta	Essexville	59	26:52	8:39
3	114	Gale Crandell	Harrison	58	27:13	8:46
4	130	John Krenkel	Heber City	58	28:02	9:02
5	170	Robert Ogden	Bath	59	30:35	9:51
6	173	John Despelder	Traverse City	55	30:37	9:52

7 190 Michael Pakula Grand Ledge 59 31:29 10:08

FEMALE AGE GROUP: 55 - 59

Place	Oal	Name	Town	Ag	Time	Pace
1	180	Nancy Porter	Mt Pleasant	58	31:07	10:01
2	204	Dianne Richter	Lansing	55	32:26	10:27
3	211	Patti Oates-Ulrich	East Lansing	57	33:21	10:44
4	218	Kristin Joynt	Mt. Pleasant	55	34:14	11:01
5	237	Connie Kelly	Holt	56	37:18	12:01
6	254	Teresa Baltz	East Lansing	59	39:17	12:39
7	261	Sharon Zuzga	Williamston	57	40:51	13:09
8	265	Christine Ryan	Frankenmuth	56	41:32	13:22

MALE AGE GROUP: 60 - 64

Place	Oal	Name	Town	Ag	Time	Pace
1	58	Steve Harry	Lansing	63	23:25	7:32
2	60	Bob Coleman	Okemos	60	23:36	7:36
3	107	Anthony Klain	Mason	64	27:01	8:42
4	123	Daniel Smith	East Lansing	61	27:49	8:58
5	125	Dave Blumenthal	Alpena	60	27:52	8:58
6	145	Tom Sampson	Lansing	60	29:11	9:24
7	215	Andre Hansen	Fowlerville	61	34:03	10:58
8	268	James Woelfel	Holt	61	43:17	13:56

FEMALE AGE GROUP: 60 - 64

Place	Oal	Name	Town	Ag	Time	Pace
1	256	Elena Keller	Lansing	61	39:41	12:47
2	277	Helen Schneider	Westphalia	62	47:41	15:21
3	278	Margaret Schafer	Westphalia	63	47:41	15:21

MALE AGE GROUP: 65 - 69

Place	Oal	Name	Town	Ag	Time	Pace
1	59	Jim Wilson	Mason	68	23:34	7:36
2	87	Byron Rogers	Howell	65	26:04	8:24
3	131	Ronald Gill	Pleasant Lake	68	28:09	9:04
4	152	Ed Torrance	Saline	68	29:43	9:34
5	189	Bill Townsend	Lansing	69	31:29	10:08

FEMALE AGE GROUP: 65 - 69

Place	Oal	Name	Town	Ag	Time	Pace
1	253	Sue Townsend	Lansing	67	38:59	12:33
2	262	Dorothy Kaechele	Middleville	69	40:56	13:11
3	285	Nancy Baker	Lansing	66	54:44	17:37

MALE AGE GROUP: 70 - 74

Place	Oal	Name	Town	Ag	Time	Pace
1	156	Harrison Hensley	Pinckney	73	29:56	9:38
2	200	William Rude	Lansing	71	32:21	10:25

FEMALE AGE GROUP: 70 - 74

Place	Oal	Name	Town	Ag	Time	Pace
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MALE AGE GROUP: 75 - 98

Place	Oal	Name	Town	Ag	Time	Pace
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FEMALE AGE GROUP: 75 - 98

Place	Oal	Name	Town	Ag	Time	Pace
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MALE-NO-AGE-LISTED AGE GROUP: 99 - 99

Place	Oal	Name	Town	Ag	Time	Pace
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FEMALE-NO-AGE-LISTED AGE GROUP: 99 - 99

Place	Oal	Name	Town	Ag	Time	Pace
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